



## The Sports Factor!

As a department, we are looking for candidates for Sports Person of the month for March and for the Spring Term. Have you shown enthusiasm, determination and focus in PE?  
Have you worked consistently hard to achieve your best results?

**The search is on!**  
**Will it be you?**

*Well done to Rowan Haste 8H who represented WSC at an inspirational Cerebral Palsy Multi-Sports Day hosted by Thurleston HS. 55 participants had a go at Boccia, Athletics, Table Cricket, Football, New Age Hurling & Hockey.*



## The King of Sports!

Cricket is said to be the second most popular sport in the world, after football. With the cricket season fast approaching, Mr Hibbert is keen to enter teams in the boys U12, U14 and U15 cricket leagues. Matches will start towards the end of May so any students interested in playing and representing the college should come along to the new, after school cricket club next term.

## 39th Final of The Suffolk Cup!

Westbourne's Y10 boys reached the final of the Suffolk Cup for the 4th consecutive year, playing Kesgrave HS at the Ipswich Wanderers ground on the evening of Tue 29th March 2011. Sadly they lost 5-2. The game was fairly even and the score line flattered Kesgrave slightly. KHS went 2-0 up, then WSC pulled it back to 2-2 through goals from Curtis Pryke and Kyle Hammond. KHS then got a 3rd quickly followed by a 4th. Then a strange penalty award allowed them to score their 5th. The team worked extremely hard and played better than the score suggested but were understandably upset after the game. *Thank you to the members of staff, pupils and parents who attended the game, their support was appreciated.* Well done to the team: Jordan Bell 10W, Jordan Castaldo 10W, Hayden Copping 10T, DJ Driver 10W, Charlie Gilbert 10W, Connor Greenwood 10R, Rhys Halls 10W, Kyle Hammond ( C ) 10N, Barzan Mohammed 10T, Enes Ozbek 10R, Ryan Pennock 10N, Curtis Pryke 10N, Nathan Reeve 10W & Daniel Sorrell 10N.

## In the Summertime ...

The extra-curricular clubs & activities programme for the summer term is now being finalised. As well as Fitness Suite and Sports Hall Activities at lunch times, there will be a new Softball Club, Basketball Club, a new Badminton Club and Athletics Club after school. With the new league competitions starting in May for Cricket, Tennis and Rounders, keep an eye on the college website for details of new clubs starting and when. For the time being, the college is pleased to continue to offer these clubs and activities at no charge to pupils of Westbourne Sports College.

## Primary & Secondary Judo Competition

Judo was developed in Japan by Dr Jigoro Kano in the late 19<sup>th</sup> century and since its inclusion in the 1964 Olympic Games, Judo has progressed rapidly into the world's most popular combat sport. In association with the School Sports Partnership, five members of the college's Judo Club have been invited to represent the college in a Judo Competition after school on Wednesday 6th April. More to follow on their achievements in the next issue!



# Did you know?



Athletics was the only competition to be held in the first Olympic Games which took place in Athens in 776 BC. The single athletic event was known as the 'stade', a foot race which covered the length of the Athenian Olympic stadium. Later on, discus, javelin, jumping, wrestling and longer distance running were added to the ancient games. The modern events that we are familiar with today began to emerge in the 19<sup>th</sup> century, primarily because of an official physical education programme in schools. The first modern Olympic Games took place in 1896 with athletics being the key element. In 1928 women were allowed to take part in athletics competitions for the first time. ***With a view to students from all years taking part in the South Suffolk Team Athletics competitions which start at the end of May, students will be able to come and practice track and field events, after school at the new athletics club starting after Easter. Look out for details!***

## Cheerleading & Hip Hop

Two teams from WSC will be representing the college at a Cheerleading & Hip Hop Showcase at Pipers Vale Gymnastics Academy on Monday 4th April. This will be an exciting opportunity for our teams to show their talents to a wider audience and to see what the competition has to offer. We look forward to hearing more about it!

## Fixtures & Events



- Starting in May : U12, U13 & U14 Boys Cricket League
- Starting in June : U12, U13, U14 & U15 Girls Rounders League
- Wed 4th May : U16 Southern Area Girls Rounders at Ipsw HS
- Wed 11th May : U13 Mixed Tennis League Competition
- Wed 11th May : Discovery Saddle-Up, RDA Sutton
- Thu 12th May : Discovery Ability Counts Festival at ITFC
- Wed 18<sup>th</sup> May : TBC County Athletics Championship, Bury St Ed
- Tue 24<sup>th</sup> May : Y10 Pools Athletics at Northgate & RHS
- Thu 26<sup>th</sup> May : Y9 Pools Athletics at Northgate & RHS
- Tue 7<sup>th</sup> June : Y10 Athletics Final at Northgate
- Thu 9 June : Y9 Athletics Final at Northgate
- Tue 14<sup>th</sup> June : Y7 Athletics Pools at Northgate & RHS
- Thu 16<sup>th</sup> June : Y8 Athletics Pools at Northgate & RHS
- Tue 21<sup>st</sup> June : Y7 Athletics Finals at Northgate
- Thu 23<sup>rd</sup> June : Y8 Athletics Finals at Northgate
- Tue 28<sup>th</sup> June : County Athletics/Y7 Final at Northgate
- Wed 29<sup>th</sup> June : County Athletics/Y8 Final at Northgate

## Easter Activities at Westbourne

Premier Sports, WSC and its feeder schools will offer a range of multi-sport activities from Monday 18th to Thursday 21st April. Sessions, costing £3.50 each per child, will run from 9am–12pm and from 12.30pm to 3.30pm for 7 to 13 year olds. Flyers coming home shortly with booking info & details.

## Girls! Girls! Girls!

There is a reason why when you ask people about Rounders it brings a smile, re-visiting memories of a sport played at school. The first of the new season Southern Area Girls Rounders games is on Wednesday 4th May at Ipswich High School starting with the U16s. Any girls interested in taking part should speak to Mrs McKane or Miss Blaymire who are looking for teams for U12s, U13s, U14s and U15s. Rounders club for years 7, 8 and 9 will start after Easter – details to follow!



## Anyone for Tennis?

Not only is Tennis fun, great for fitness and for developing hand eye coordination, it can be enjoyed by all ages and abilities. With summer just around round the corner, Miss Blaymire would like to see entries from Y7 and Y8 boys and girls in the U13 Tennis League Competition which kicks-off at Copleston HS on Wednesday 11th May. Any students who are interested, please see Miss Blaymire. Look out for details of the new short tennis/tennis club starting after Easter.